

## LAUGH & LEARN – IMPROV TRAINING (ITOPA) REGISTRATION FORM

Today's date:			
<b>STUDENT INFORMATION</b>			
First name:	Last name:		
Age Range: (20s, 30s, 40s, etc)	Gender: <input type="checkbox"/> M <input type="checkbox"/> F <input type="checkbox"/> Non-binary		
Town/City/Area:	Primary contact #: (   )		
Email address:	Secondary contact #: (   )		
Facebook as:			
Sessions: <b>Mondays @ 7pm.</b> Call time: <b>6:45pm.</b> Starts: <b>November 4, 2019.</b> Shows: <b>Fri Feb 28 &amp; Sat Feb 29, 2020</b>			
<input type="checkbox"/> I do not have any known conflicts.	These are my known conflicts:		
Training relies greatly on <b>group dynamic</b> and our <b>shared class experience.</b> Attendance and commitment to your fellow improvisers is <b>IMPORTANT.</b>			
<b>EXPERIENCE &amp; EXPECTATIONS</b> Note: There are <b>NO</b> pre-requisites required for this Nov-Feb session.			
Describe any Improv experience/training:			
Describe any performance experience/training:			
YOUR SECTION!! <i>Why do you want to take this course? What would you like to "achieve"? Anything else you want to tell me?</i>			
Describe any conditions that may limit your participation in physical activities. <b>(NOTE: Limitations are NOT a negative. I just need to be aware of what students cannot do comfortably, to assist with any modifications.)</b>			
<b>IN CASE OF EMERGENCY</b>			
Name of local friend/relative:	Relationship to student:	Primary contact #:	Cell phone:
		(   )	(   )
By signing below, you are committing to attend training sessions. ( <i>Understanding that there may be occasions when you MUST miss a session.</i> ) But also understanding that your absence/presence impacts your fellow improvisers. You commit to fully engage in the training; to be open to learning; supportive and positive of your team members and YOURSELF. You also agree to follow ITOPA's anti-harassment policies, outlined on the ITOPA website. Plus, you commit to contributing and joyously experiencing the ton of fun that lies ahead for all of us.			
Student signature			Date

Fee Paid on:	Method of Payment	Funds to Treasurer on:	Funds Deposited on:
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Email completed form to Producer, Jim Konopetski: [jkonopetski@yahoo.ca](mailto:jkonopetski@yahoo.ca) . Questions? Please feel free to email Liane Gregory-Sterritt: [liane.gregory@rogers.com](mailto:liane.gregory@rogers.com)

### About the Ingersoll Theatre of the Performing Arts

Founded in 1976, we are a volunteer, non-professional theatre company. ITOPA is a non-profit organization controlled by its members, who come from many different backgrounds: actors, directors, backstage crew, and cultural supporters.

### About your Improv Coach

Liane Gregory-Sterritt has been teaching Improv Comedy for decades in Toronto and Southwestern Ontario. Liane is passionate about bringing out the very best in her students by creating a fun yet focused team environment where all can explore, expand and excel. Liane is a graduate of The Second City (Toronto) Master Class. She has also studied acting, writing, voice, and character-clowning (Pochinko Method). Her experience as an actor, director, writer, character clown, producer and teacher provides Liane with the perspective and experience that assists all her students to move towards that truly energizing Improv 'sweet spot'. Liane stresses a team-focused and respectful environment that provides the opportunities for the courageous exploration of your abilities and uniqueness. Her style is akin to a mother eagle: nurturing yet firmly intent on the goal of soaring to new heights – *and having a blast doing it all!*

### Improv Sessions

- **Fee: \$150** includes:
  - 16 (3 hr. sessions)
  - 2 Graduation Celebration Shows
- **Location:**
  - ITOPA, 88 Thames St. S, Ingersoll 519-485-3070
  - Room: Lobby Floor: Main
  - Access via: 1<sup>st</sup> session, front door
- **Clothing:**
  - Wear comfortable, breathable, clothing/footwear that does not restrict movement.
  - Remove outer footwear (when wet/snowy); use indoor footwear.
  - Restrictions: No heels; no open-toed shoes; no long earrings; no skirts. No loose long hair.
- **Time & Dates:**
  - 6:30pm: Access to building. (normally use the rear door)
  - **6:45pm:** Call time (chat, get water, relax, etc.)
  - 7:00pm: Class begins
  - 10:00pm: Class ends
  - All classes: MONDAYS
  - First class: November 4, 2019

#### **BRING:**

1. A copy of this sheet.
2. Notebook, pen/pencil.
3. Water bottle.
4. Indoor footwear (for wet/snowy days).

### Your Improv Graduation Shows

- Show #1: **Friday, Feb 28, 2020**; Show #2 **Saturday, Feb 29, 2020**
- 6:00pm: Call time
- 7:00pm: Warm-up
- **7:30pm: Curtain up**

